

# Step by step — how to change a wound dressing:





Wash hands with soap and water or use alcohol-based hand sanitizer.









#### **3** CLEAN the Wound

2 REMOVE old dressing

Remove the saline bottle cap Hold the bottle of saline about one inch away from the wound Spray the entire wound to remove any old drainage or debris

Gently pull away the tape that is holding the dressing in place

## **4** DRY the wound

Pat the wound dry with the gauze

## **5** COVER the wound

Place clean dry gauze over the entire wound



#### 6 SECURE the dressing

Place tape over top of the gauze to secure the dressing to the surrounding skin

# **7** CLEAN hands

Wash hands with soap and water or use alcohol-based hand sanitizer.